## Don't Miss a Beat:

## **Control High Blood Pressure**

High blood pressure raises your risk for heart disease, stroke, and kidney disease. Join us for an informative session on how to prevent and control high blood pressure.



11:45am-1:00pm

**Governmental Complex-Commons Area** 

309 W Cornelius Harnett Blvd Lillington

Lunch will be provided.

Featuring: Ben Walker, MD, FACC, RPVI

North Carolina Heart and Vascular

## Registration required:

Harnett County Health Department 910-814-6196

Registration Deadline: Friday, May 16th

